



Incredible Years®
Parent Programme Satisfaction Questionnaire
Toddlers Programme (British version)

(Hand out at end of the programme)

Participant's Name _____ Date _____

Attending Partner's Name _____

The following questionnaire is part of our evaluation of the Incredible Years parenting programme that you have received. It is important that you answer as honestly as possible. The information obtained will help us to evaluate and continually improve the programme we offer. Your cooperation is greatly appreciated. All responses will be strictly confidential and will not be shared with group leaders.

A. The Overall Programme

Please circle the response that best expresses how you honestly feel at this point.

1. The bonding that I feel with my baby/toddler since I took this programme is

considerably worse worse slightly worse the same slightly improved improved greatly improved

2. My baby/toddler's bonding with me using the methods presented in this programme is

considerably worse worse slightly worse the same slightly improved improved greatly improved

3. How do you feel about your baby/toddler's social, emotional and physical developmental progress?

very dissatisfied dissatisfied slightly dissatisfied neutral slightly satisfied satisfied greatly satisfied

4. To what degree has the Incredible Years® parenting programme helped with other personal or family problems not directly related to your child (for example, your marriage, your feelings of support in general)?

made things much worse made things worse made things slightly worse made no difference helped slightly helped helped very much

5. My expectation for good results from the Incredible Years parent programme is

very unlikely unlikely slightly unlikely neutral slightly likely likely very likely

6. I feel that the approach used to enhance my baby's/toddler's development in this programme is

very unsuitable unsuitable slightly unsuitable neutral slightly suitable suitable greatly suitable

7. Would you recommend the programme to a friend or relative?

strongly would not recommend would not recommend slightly would not recommend neutral slightly would recommend would recommend strongly would recommend

8. How confident are you in parenting at this time?

very unconfident unconfident slightly unconfident neutral slightly confident confident very confident

9. How confident are you in your ability to manage *future* behavior problems in the home using what you learned from this programme?

very unconfident unconfident slightly unconfident neutral slightly confident confident very confident

10. My overall feelings about achieving my goals in this programme for my child and family are

very negative negative slightly negative neutral slightly positive positive very positive

B. Teaching Format

Usefulness

In this section, we would like you to indicate how useful each of the following types of teaching are for you *now*. Please circle the response that most clearly describes your opinion.

1. Content of information presented was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

2. Demonstration of parenting skills through the use of video vignettes was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

3. Group discussion of parenting skills was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

4. Use of practice/role play during group sessions was

extremely
useless useless slightly
useless neutral somewhat
useful useful extremely
useful

5. I found the “buddy calls” to be

extremely
useless useless slightly
useless neutral somewhat
useful useful extremely
useful

6. Reading chapters from the Incredible Years book or listening to the CD was

extremely
useless useless slightly
useless neutral somewhat
useful useful extremely
useful

7. Practicing skills at home with my child was

extremely
useless useless slightly
useless neutral somewhat
useful useful extremely
useful

8. Weekly handouts (e.g., refrigerator notes) were

extremely
useless useless slightly
useless neutral somewhat
useful useful extremely
useful

9. Phone calls, e-mails, or texts from the group leaders were

extremely
useless useless slightly
useless neutral somewhat
useful useful extremely
useful

C. Specific Parenting Techniques

Usefulness

In this section, we would like you to indicate how useful each of the following techniques are in improving your interactions with your child and decreasing his or her “unsuitable” behaviors *now*. Please circle the response that most accurately describes the usefulness of the content or skills. Leave questions blank if you did not attend the session.

1. Information about infant/toddler development and developmental milestones

extremely
useless useless slightly
useless neutral somewhat
useful useful extremely
useful

2. Providing Physical, Tactile and Visual Stimulation

extremely
useless useless slightly
useless neutral somewhat
useful useful extremely
useful

3. Promoting Infant and Toddler Language Development

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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4. Child-Directed Play

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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5. Descriptive Commenting/Social, Emotion and Academic Coaching

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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6. Praise and Encouragement

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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7. Spontaneous Rewards

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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8. Routines, Separation and Reunions

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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9. Ignoring

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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10. Positive Discipline

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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11. Information about baby- and toddler-proofing at home

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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12. This Overall Group of Techniques

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

D. Evaluation of Parent Group Leader(s)

In this section we would like you to express your opinions about your group leader(s). Please circle the response to each question that best describes how you feel.

Group Leader #1 _____
(name)

1. I feel that the group leader's teaching was

very poor poor below average average above average very good excellent

2. The group leader's preparation was

very poor poor below average average above average very good excellent

3. Concerning the group leader's interest and concern in me and my child, I was

very dissatisfied dissatisfied below average average slightly satisfied satisfied extremely satisfied

4. At this point, I feel that the group leader in the programme was

extremely unhelpful unhelpful slightly unhelpful neutral slightly helpful helpful extremely helpful

5. Concerning my personal feelings toward the group leader, I

dislike him/her very much dislike him/her dislike him/her slightly have a neutral attitude toward him/her like him/her slightly like him/her like him/her very much

If more than one group leader was involved in your programme, please fill in the following. (Go to Section E if only one leader was involved.)

Group Leader #2 _____
(name)

1. I feel that the group leader's teaching was

very poor poor below average average above average very good excellent

2. The group leader's preparation was

very poor	poor	below average	average	above average	very good	excellent
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3. Concerning the group leader's interest and concern in me and my child, I was

very dissatisfied	dissatisfied	slightly dissatisfied	average	slightly satisfied	satisfied	extremely satisfied
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4. At this point, I feel that the group leader in the programme was

extremely unhelpful	unhelpful	slightly unhelpful	neutral	slightly helpful	helpful	extremely helpful
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5. Concerning my personal feelings toward the group leader, I

dislike him/her very much	dislike him/her	dislike him/her slightly	have a neutral attitude toward him/her	like him/her slightly	like him/her	like him/her very much
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E. Overall Programme Evaluation

1. Which parts of the programme were most helpful to you?

2. What did you like most about the programme?

3. What did you like least about the programme?

4. How could the programme have been improved to help you more?

F. Practical Considerations

1a. How many sessions of the 12-week programme did you attend?

1-3

4-6

7-9

10-12

b. If you attended less than half of the sessions, why was this?

2a. Was the location of the sessions convenient for you?

Yes

No

b. How did you travel to the group sessions?

Walked

Public transport

Drove myself

Someone else
drove me
(friend/family)

Taxi

Transport
provided by the
programme

3a. Did you need child care to enable you to attend the group sessions?

Yes

No

b. Did you use the crèche provided for the parents on this programme?

Yes

No

4. The number of group sessions was:

Far too few

Slightly too few

Just right

Slightly too many

Far too many

5. The length of the group sessions was:

Far too short

Slightly too short

Just right

Slightly too long

Far too long

6a. Was the time of day that the group sessions were held suitable for you?

Yes

No

b. If no, what would have been a better time for you?

7a. Did you attend the Incredible Years baby group programme?

Yes

No

b. If yes, which programme do you feel you benefitted most from?

Baby

Toddler

Equally beneficial

c. If you preferred one over the other, why was this?