

Incredible Years® Autism Program Tele-Session Training Pre-Training Self-Study

Participants must have the Autism Program Curriculum Materials (Autism Program Group leader manual, DVDs, book) to participate.

For the training participants should plan to have access to unstructured toys (such as bubbles, toy cars, building blocks, balloons, hand puppets, picture books, play dough) for role-play practices.

Our online training is intended to be highly interactive and collaborative. Plan for active participation in discussions and practices, and be free from other distractions. Please plan to participate over a computer (not a cell phone), with your camera turned on and your face in frame, with your computer microphone enabled. Seeing each other's faces adds greatly to the group cohesion and building trust, and models the way we expect the program to be delivered when offered online whenever possible.



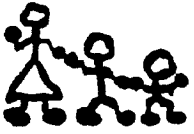
To Read:

- Read Introduction & Chapter 1 in book *The Incredible Years: A Trouble-Shooting Guide For Parents of Children Aged 3-8 (3rd Edition)*, by Carolyn Webster-Stratton, Ph.D.
- Read Webster-Stratton, C., Dababnah, S., & Olson, E. (2018). The Incredible Years Group-Based Parenting Program for Young Children with Autism Spectrum Disorder. In M. Siller and Morgan, L. (Eds.), *Handbook of Parent Coaching Interventions for Very Young Children with Autism* (pp.261-283). Switzerland: Springer.

<http://www.incredibleyears.com/article/the-incredible-years-group-based-parenting-program-for-young-children-with-autism-spectrum-disorder-2/>

To Study:

- **Website Pre-Workshop Self Study Page:**
<http://www.incredibleyears.com/workshop-info/pre-training-self-study/>



Incredible Years® Autism Program Tele-Session Training
Session One Assignment

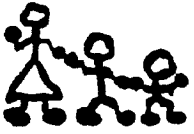


To Read:

- Read chapter 1 (if not read previously) and chapter 2 (child descriptive commenting, pre-academic and persistence coaching methods) in book *The Incredible Years: A Trouble-Shooting Guide*, by Carolyn Webster-Stratton, Ph.D.

To Study:

- Read/Review Part 1 in your Leader's Manual and watch some vignettes. Notice how the manual supports group leaders to mediate vignettes with suggested questions, key points and suggestions for practices.



Incredible Years® Autism Program Tele-Session Training
Session Two Assignment

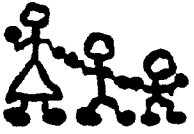


To Read:

- Read chapters 3 & 4 (Social & Emotion Coaching) in book *The Incredible Years: A Trouble-Shooting Guide*, by Carolyn Webster-Stratton, Ph.D.

To Study:

- Read/Review Part 2 in your Leader's Manual (leader questions) and watch some vignettes



Incredible Years® Autism Program Tele-Session Training
Session Three Assignment

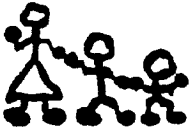


To Read:

- Read Chapter 12 (Emotion Regulation) in book *The Incredible Years: A Trouble-Shooting Guide*, by Carolyn Webster-Stratton, Ph.D.

To Study:

- Read/Review Parts 3 & 4 in your Leader's Manual (leader questions) and watch some vignettes



Incredible Years® Autism Program Tele-Session Training
Session Four Assignment



To Read:

- Read Chapter 12 (Emotion Regulation) if not completed previously and Chapter 5 (Positive Attention & Praise) in book *The Incredible Years: A Trouble-Shooting Guide*, by Carolyn Webster-Stratton, Ph.D.

To Study:

- Read/Review Parts 5 & 6 in your Leader's Manual (leader questions) and watch some vignettes
- If time, review vignettes in Parts 6 & 7 so you can practice leading groups next session