

The PIRM study

Siri Gammelsæter



PIRM

Supported Parenting Intervention for Families with Refugee Background

[Hjem](#) [Samtykke](#) [MFS](#) [Nyheter](#) [Foreldre](#) [Kontakt](#) [Gruppeledere](#) [Prosjektgruppe](#) [Kommuner](#) [Info](#)

[Samtykke/ delta i studien](#)

[المشاركة في الدراسة / الموافقة باللغة العربية](#)

[Consent in English / Participate in the study](#)

Overview

Background

Primary Aims

About the study



Background

Over 80 million refugees worldwide

- Half of these are children

In Norway, 4.5% of the population have a refugee background

- Around 30.000 children



The introduction programme

Obligatorisk innhold

Opplæring i norsk og samfunnskunnskap er obligatorisk for alle deltakere i introduksjonsprogrammet. Etter integreringsloven er livsmestring i et nytt land obligatorisk for alle, og foreldreveiledning obligatorisk for deltakere som har eller får barn.



Training in Norwegian language and Norwegian society.



Course in «Mastery of life in a new country».

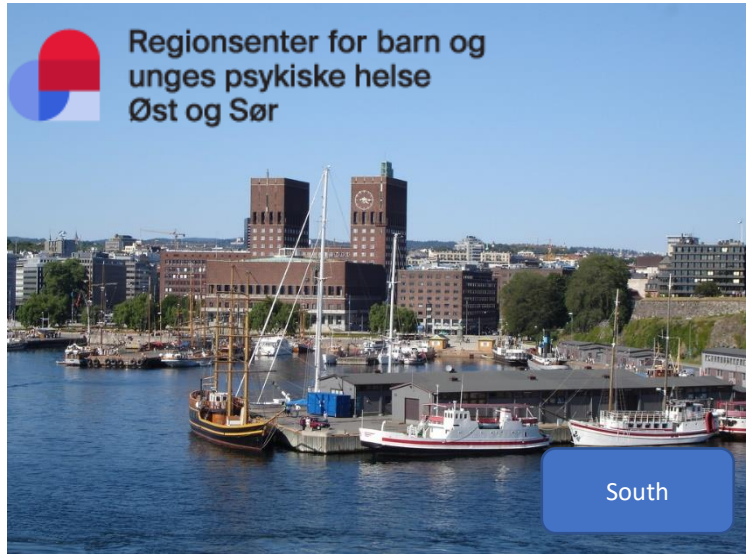


Parental guidance

Primary Aims

- Evaluate two parenting interventions used for parents with refugee backgrounds: Incredible Years Basic Parenting (IY) & International Child Development Programme (ICDP)
- Evaluate whether regular, systematic feedback to interventionists improves quality of the intervention using a smartphone app: MittEcho

Collaborative, national research project



Factor 2: Feedback system (MFS)

Background – MFS in primary care

- Outcomes for first line services can be improved by using measurement feedback systems
- Treatment quality is improved by offering regular feedback to interventionists concerning the well-being of their clients throughout the course of their interactions

Secondary Aims

- Examine experiences of families in relation to settlement in Norway, as well as their experience with family interventions
- Examine potential interaction or moderating effects of family resilience on intervention outcomes
- Examine other moderating effects on the interventions, e.g., distress

Sample



Inclusion criteria:

- Families with refugee background
- Settled within prior 9 years
- Recruitment
 - Quantitative study:
 - N = 360
 - 180 IY (or 30 groups of 6 families)
 - 180 ICDP (or 30 groups of 6 families)
 - Qualitative interviews:
 - N = 120
 - 40 Families $\left\{ \begin{array}{l} 40 \text{ parents} \\ 40 \text{ children} \end{array} \right.$
 - 40 Group leaders (20 IY, 20 ICDP)

About the study



Qualitative:

Views of the parents and children regarding experiences as

- Refugees in Norway
- Participants in parenting groups

Group leaders

- Working with refugee families: challenges and opportunities

Instruments

Languages – Norwegian, Somali, Swahili, Tigrinya, Arabic, Turkish, English and French

- Parents

PPI – Parenting practices

ECBI – Child problem Behavior

PSI – Parenting Stress

READ – Resilience

SCL-10 – Symptoms of adult anxiety
and depression

MittEcho – Experience with parenting
intervention

Group Leaders

- IY/ICDP Checklists
– adherence
- Leadership scale
- Attitudes towards
EBI
- MittEcho – access
feedback

Agency Leaders

- Leadership

Instruments (Cont.)

Teachers

SESBI – Child Problem Behavior

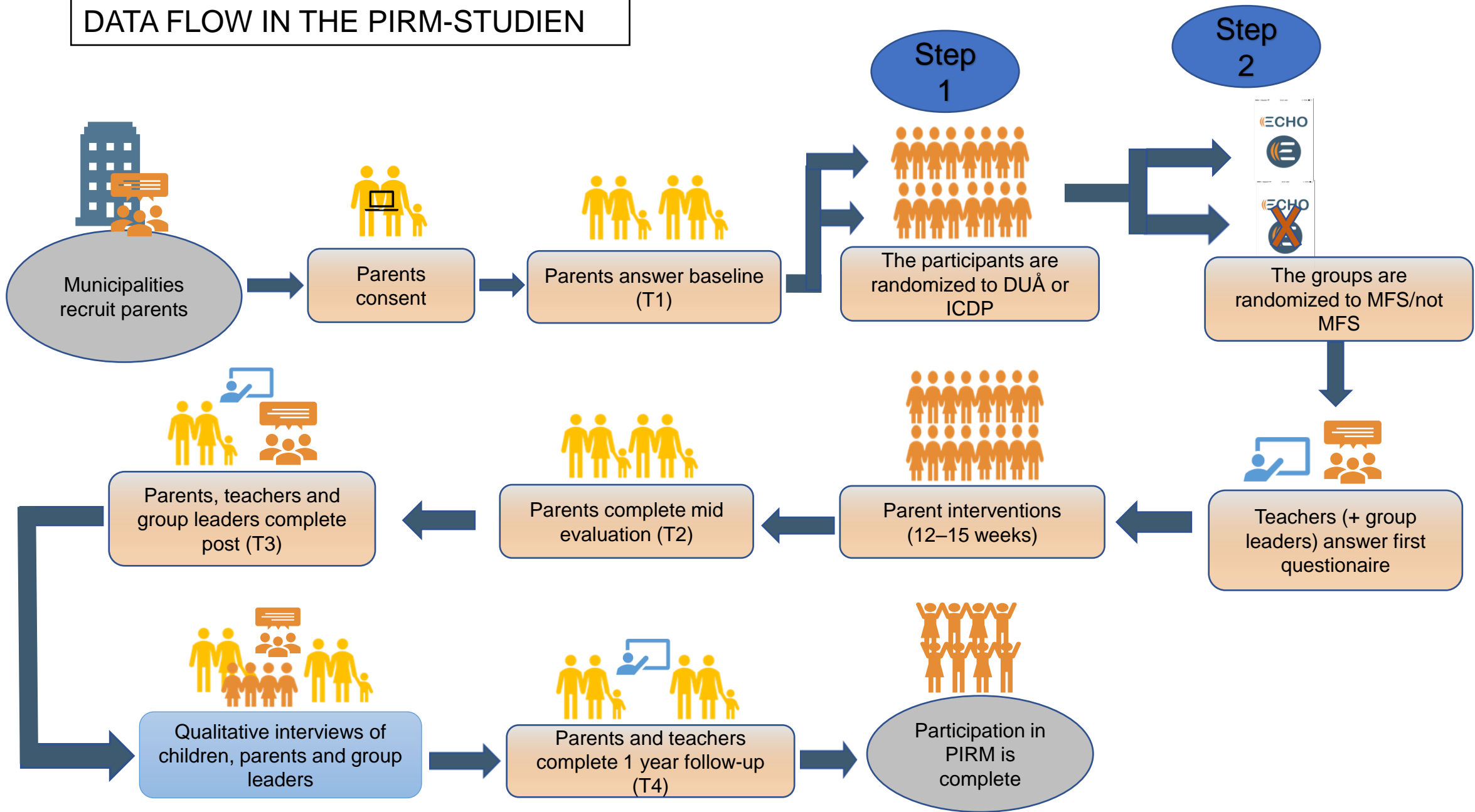
Group Leaders

- IY/ICDP Checklists – adherence
- Leadership scale
- Attitudes towards EBI
- MittEcho – access feedback

Agency Leaders

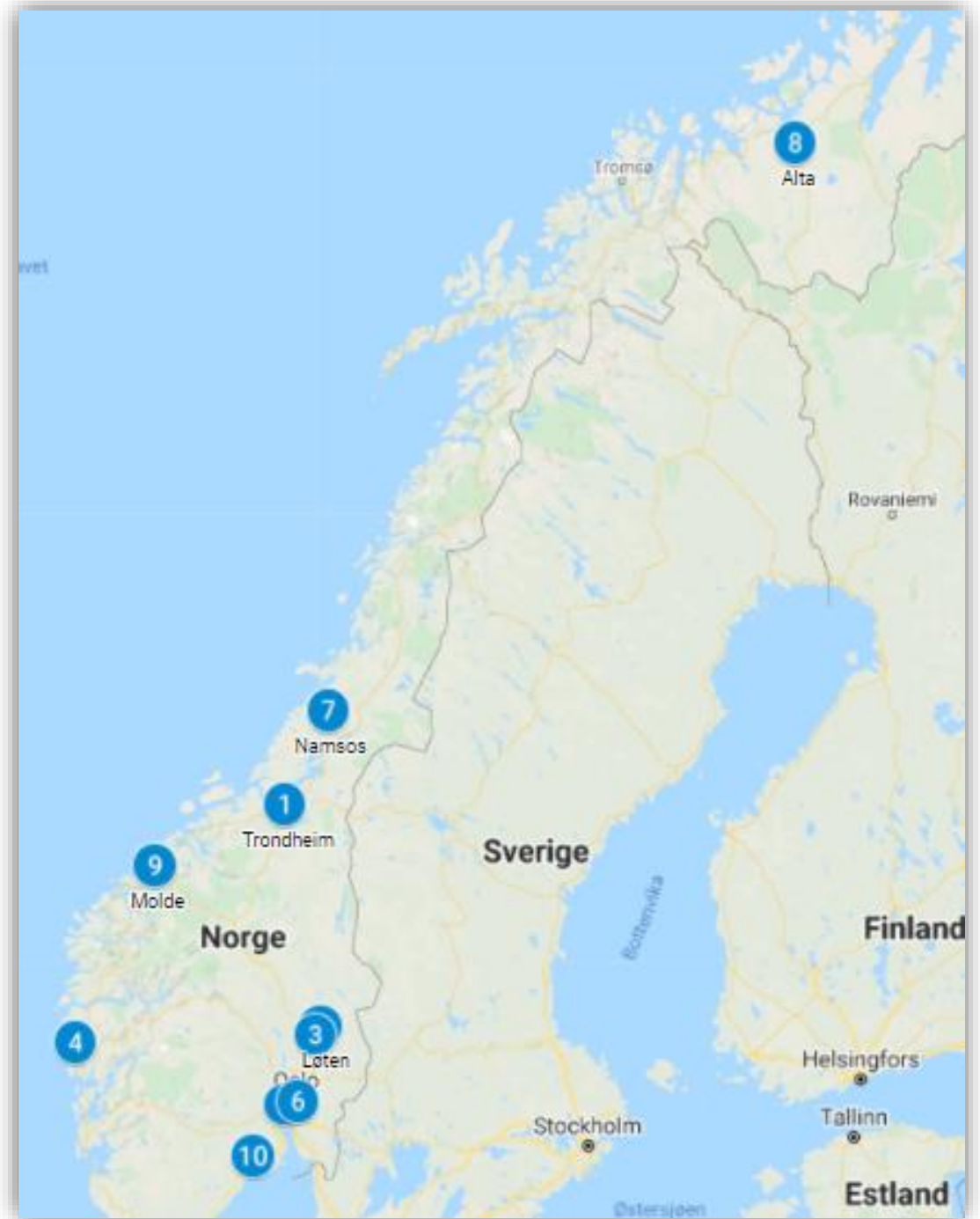
- Leadership

DATA FLOW IN THE PIRM-STUDIEN



Januar 2022

- **Sites and municipalities:**
Alta, Namsos, Trondheim, Alver, Stange, Løten, Asker, Nordstrand, Skien, Molde
- **Parentgroups:**
8 municipalities, 16 groups
+ more sites starts in spring.
- **MFS:**
16 groupeladers trained
8 groups/MFS: 4 IY / 4 ICDP
- **Number of families:** 94
- **Interviews done:** ca. 40



IY-PIRM study

- 15 sessions 3 hours
- Training of interpreters
- Workshop for new groupleaders
- 1 day training for adaptation , working with refugees
- 1 day with representatives from the directory of immigration
- Supervision/consultation, 3 peer coaches and Siri
- Digital meetings with all groupleaders and researchers twice a year.