



## Parent Home Coaching Leader Online Tele-Session Training (ages 2-8 years)



**Training led by: Carolyn Webster-Stratton, Ph.D.  
and Jeannie Gordon, MA**

In-depth discussion and training for group leaders in the empirically supported Incredible Years® programs.

**October 26<sup>th</sup> & 27<sup>th</sup>  
8:00am - 11:15am PT  
\$310**

### ABOUT THE TRAINING

This online 2-day supplemental training will prepare group leaders to adapt the Incredible Years parent group-based model to a one-on-one parent-coach model.

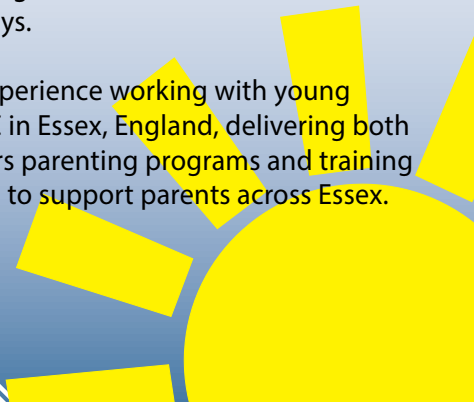
Group leaders who have previously attended a BASIC Parent Group Leader training may register for this online 2-day supplemental training. The [Home Coaching program](#) can be used to deliver the entire parenting curriculum or for a make-up session for parents who have missed a group session. The home coaching model is a good option if parents cannot attend a group due to schedule conflicts or if there is an extended delay before the next parent group will be offered. This model can also be used as a supplement to the group for parents who need additional coaching with their children. Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation!

**!** Basic Parent Group Leader Training is a required prerequisite to attend Home Coach training.

### ABOUT THE TRAINERS

Carolyn Webster-Stratton, MSN, MPH, Ph.D. is Professor Emeritus at the University of Washington School of Nursing and Developer of The Incredible Years® Series. She is a licensed clinical psychologist and pediatric nurse practitioner. Dr. Webster-Stratton is a leading expert on training parents and teachers in child behavior management skills as well as training clinicians in curriculum for helping children develop social and emotional skills, problem solving, and school readiness. She has published books for teachers, therapists, parents and children as well as numerous randomized control group studies evaluating The Incredible Years programs. She has over 30 years of clinical and research experience in helping families and teachers who have young children with behavior problems, Attention Deficit Disorder, and developmental delays.

Jeannie Gordon, MA, trained as a psychiatric nurse, with both residential and community experience working with young children, adolescents and their families. Jeannie is a director of the Ministry of Parenting CIC in Essex, England, delivering both parent group programs and training. Over the last 20 years she has delivered Incredible Years parenting programs and training in England. She has received numerous awards in recognition of the work that she has done to support parents across Essex.



## Goals of the parent training series:



- Promote parent competencies and strengthen families.
- Increase positive and nurturing parenting.
- Reduce critical and violent discipline approaches by replacing spanking with positive strategies such as ignoring, using logical and natural consequences, redirecting, monitoring, and problem solving.
- Improve parents' problem solving, anger management, and communication skills.
- Increase family support networks and school involvement/bonding.
- Help parents and teachers work collaboratively to ensure consistency across settings.
- Increase parents' involvement in children's academic-related activities at home.

**REGISTER EARLY! SPACE IS LIMITED!**

## Registration Information:

FEE: \$310.00 per participant, due in advance of training.

\*The training does NOT include copies of Incredible Years<sup>®</sup> program materials (leader manuals, videos, etc.) for delivering the program. Full program is purchased separately. Visit [www.incredibleyears.com/order](http://www.incredibleyears.com/order) for program pricing and ordering information.

**PLEASE NOTE:** In order to participate in the on-line training, participants must have access to a full IY Parenting Program curriculum set (including Leader's manual, DVDs, Collaborating with Parents book for Therapists and Incredible Years book for parents). This training model will require participants to engage in pre- and between-session study of materials. We also recommend purchasing the [Experts in Action Program: Sample Home Visit](#). This program (2 DVDs) shows an IY Trainer working with a parent in the home and will be a valuable supplement to the online training.

**REGISTER EARLY!** Space is limited.  
To register, please see the registration link on the next page.

**CONFIRMATION** of registration will be sent via e-mail to registered participants.

**CANCELLATION POLICY:** The fee less \$50.00 for handling will be refunded IF requested in writing a minimum of 14 business days prior to the workshop. IY reserves the right to cancel this training up to three weeks in advance if registration numbers are too low to hold an effective training. If cancellation on behalf of IY occurs, all registration fees will be returned to the registrant.



## **Online Parent Home Coaching Leader Training runs October 26th & 27th, 2022.**

This Zoom tele-session training will be held over 2 sessions, on **October 26th & 27th, 2022**, from **8:00am-11:15am Pacific Standard Time**. Please note that we are located in the US Pacific Time Zone (Seattle, WA, USA). If you live elsewhere, please calculate time change to see if this will fit with your schedule. To receive your certificate of attendance and be eligible for Group Leader Certification you must be able to participate in and complete the full training.

Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation, and be free from other distractions. **Please plan to participate over a computer** (not a cell phone), with your camera turned on and your face in frame, with your computer microphone enabled. Seeing each other's faces adds greatly to the group cohesion and building trust, and models the way we expect the program to be delivered when offered online whenever possible. Please add your name to your Zoom profile so that our trainer can use your name during discussions.

To register, please complete the registration form on-line:

<https://forms.gle/Y9SG32K8oVCga9rQ7>

Completing the registration form does not guarantee that you have a training spot. We will follow up with an email to let you know that we have received your registration and let you know that we have placed you in the course. Once the spaces are full, we will start a waiting list.

**PAYMENT MUST BE RECEIVED IN ADVANCE OF WORKSHOP** to reserve space. We will send you an invoice for the registration fee.

## CONTACT US!



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