



## School Age Basic (ages 6-12 years) Online Tele-Session Training

The  
**Incredible  
Years**<sup>®</sup>

**Training led by: Carolyn Webster-Stratton, Ph.D.  
and Jeannie Gordon, MA**

In-depth discussion and training for group leaders in the empirically supported Incredible Years<sup>®</sup> programs.

**November 30<sup>th</sup>, December 1<sup>st</sup>,  
7<sup>th</sup>, 8<sup>th</sup>, & 15<sup>th</sup>  
8:00 am-11:15 am US PST  
\$775**

### About the Training:

This online 5-day training prepares group leaders to lead the 12-20 session [School Age Basic parenting program](#) (for parents of children ages 6-12 years). Content of this training includes: special time, academic, social and emotional coaching, praise and incentives, rules and responsibilities, limit setting, prosocial discipline, problem solving, ways to foster homework completion, after school monitoring, and supporting children's learning. Group therapy process issues, such as empowering parents, collaborating, goal setting, dealing with resistance, experiential practices, and supporting and advocating for parents will be discussed. This intervention program may be used by professionals (such as therapists and parent educators from psychology, social work, education, nursing and psychiatry) who are working with families of early school age children with behavior problems, high risk families, foster parents, and families referred by child welfare for neglect and abuse. The workshop will also illustrate how to use this program as a prevention program to promote children's social and emotional competence and academic success in schools. Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation!

### About the Trainers:

**Carolyn Webster-Stratton**, MSN, MPH, Ph.D. is Professor Emeritus at the University of Washington School of Nursing and Developer of The Incredible Years<sup>®</sup> Series. She is a licensed clinical psychologist and pediatric nurse practitioner. Dr. Webster-Stratton is a leading expert on training parents and teachers in child behavior management skills as well as training clinicians in curriculum for helping children develop social and emotional skills, problem solving, and school readiness. She has published books for teachers, therapists, parents and children as well as numerous randomized control group studies evaluating The Incredible Years programs. She has over 30 years of clinical and research experience in helping families and teachers who have young children with behavior problems, Attention Deficit Disorder, and developmental delays.

**Jeannie Gordon**, MA, trained as a psychiatric nurse, with both residential and community experience working with young children, adolescents and their families. Jeannie is a director of the Ministry of Parenting CIC in Essex, England, delivering both parent group programs and training. Over the last 20 years she has delivered Incredible Years parenting programs and training in England. She has received numerous awards in recognition of the work that she has done to support parents across Essex.

## Goals of the parent training series:



- Promote parent competencies and strengthen families.
- Increase positive and nurturing parenting.
- Reduce critical and violent discipline approaches by replacing spanking with positive strategies such as ignoring, using logical and natural consequences, redirecting, monitoring, and problem solving.
- Improve parents' problem solving, anger management, and communication skills.
- Increase family support networks and school involvement/bonding.
- Help parents and teachers work collaboratively to ensure consistency across settings.
- Increase parents' involvement in children's academic-related activities at home.

**REGISTER EARLY! ONLY 15 PARTICIPANTS PER TRAINING**

## Registration Information:

FEE: \$775.00 per participant, due in advance of training.

\*The training does NOT include copies of Incredible Years<sup>®</sup> program materials (leader manuals, videos, etc.) for delivering the program. Full program is purchased separately. Please see page 4 of this brochure & visit [www.incredibleyears.com/order](http://www.incredibleyears.com/order) for program pricing and ordering information.

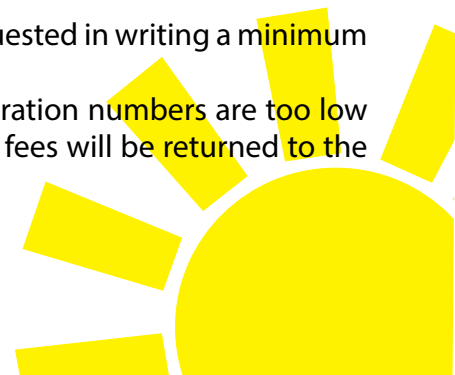
**PLEASE NOTE:** In order to participate in the on-line training, participants must have access to a full IY School Age Basic Parenting Program curriculum set (including Leader's manual, DVDs, Collaborating with Parents book for Therapists and Incredible Years book for parents). This training model will require participants to engage in pre- and between-session study of materials. We also recommend purchasing the [Experts in Action Program: Parent Training Workshop](#). This program (8 DVDs) shows IY Program Developer Carolyn Webster-Stratton leading a face-to-face group training and will be a valuable supplement to the on-line training.

**REGISTER EARLY!** Space is limited. To register, please see the registration link on the next page.

**CONFIRMATION** of registration will be sent via e-mail to registered participants.

**CANCELLATION POLICY:** The fee less \$50.00 for handling will be refunded IF requested in writing a minimum of 14 business days prior to the workshop.

IY reserves the right to cancel this training up to three weeks in advance if registration numbers are too low to hold an effective training. If cancellation on behalf of IY occurs, all registration fees will be returned to the registrant.



## To Register for Training:

**Online School Age Basic Parent Group Leader Training runs for 5 sessions, November 30th, December 1st, 7th, 8th and 15th, 2022, from 8:00am-11:15am US Pacific Standard Time.**

This Zoom tele-session training will be held over 5 sessions, on **November 30th, December 1st, 7th, 8th and 15th, 2022, from 8:00am-11:15am US Pacific Standard Time.** Please note that we are located in the US Pacific Time Zone (Seattle, WA, USA). If you live elsewhere, please calculate time change to see if this will fit with your schedule. To receive your certificate of attendance and be eligible for Group Leader Certification, you must be able to participate in and complete the full training.

Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation, and be free from other distractions. **Please plan to participate over a computer** (not a cell phone), with your camera turned on and your face in frame, with your computer microphone enabled. Seeing each other's faces adds greatly to the group cohesion and building trust, and models the way we expect the program to be delivered when offered online whenever possible. Please add your name to your Zoom profile so that our trainer can use your name during discussions.

To register, please complete the registration form on-line:

<https://forms.gle/Ex5mb5c7yqqdtf1s8>


Completing the registration form does not guarantee that you have a training spot. We will follow up with an email to let you know that we have received your registration and let you know that we have placed you in the course. Once the spaces are full, we will start a waiting list.

**PAYMENT MUST BE RECEIVED IN ADVANCE OF WORKSHOP** to reserve space.

We will send you an invoice for the registration fee.

**PLEASE NOTE:** In order to participate in the on-line training, participants must have access to a full IY School Age Program curriculum set (including Leader's manual, program videos, and Incredible Years book for parents). This training model will require participants to engage in pre- and between-session study of materials. Please see program curriculum information on the next page.

### CONTACT US!

 E-mail: [incredibleyears@incredibleyears.com](mailto:incredibleyears@incredibleyears.com)

 Phone: 206-285-7565

 Website: [www.incredibleyears.com](http://www.incredibleyears.com)

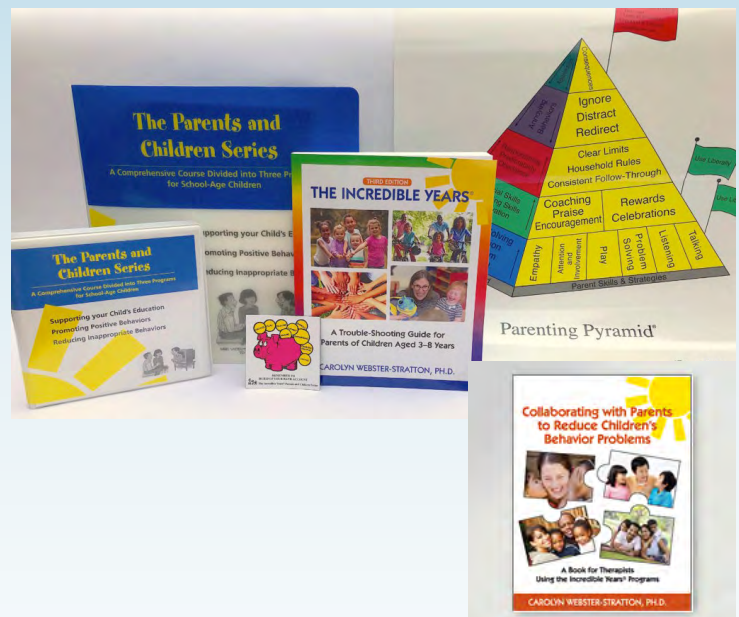
## About the School Age Basic Parenting Program:

This online training prepares group leaders to deliver the School Age Basic Parenting Program with parents of children ages 6–12 years. The School Age Basic Parenting Program curriculum set is sold separately.

[Learn more about the School Age Basic Parenting Program on our website!](#)

### The School Age Basic Parenting Program curriculum set includes:

- Comprehensive Leader's Manual
- Program video vignettes available on DVD, USB  
–or– **NEW** 1-year streaming subscription
- Incredible Years Book
- Collaborating with Parents Book
- Parenting Pyramid Poster
- Piggy Bank Magnet



### Purchasing Information

The School Age Basic Parenting Program curriculum set is available in 3 formats:

- School Age Basic Parenting Program curriculum set (with DVDs or USB): \$1,440.00
- School Age Basic Parenting Program curriculum set (with 1-year subscription to online video streaming): \$575 per person

[To purchase the School Age Basic Parenting Program curriculum set, please visit our website.](#)

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