



School Age Supplement (ages 9-12 years) Online Tele-Session Training

The
**Incredible
Years**[®]

**Training led by: Carolyn Webster-Stratton, Ph.D.
and Kate Rhee, D.Clin Psy.**

In-depth discussion and training for group leaders in
the empirically supported Incredible Years[®] programs.

March 14th & 15th, 2023
7:00am-10:15am US PST
\$310

About the Training:

This online supplemental training will prepare group leaders to lead the 12-18 session School Age program with parents of children aged 9-12 years. Group leaders who have previously attended a 3-day BASIC training that includes early School Age (ages 6-8) may register for this supplemental training workshop. The training teaches the following content: special time (play), academic, social and emotional coaching, praise and incentives, rules and responsibilities, limit setting, prosocial discipline, problem solving, ways to foster homework completion and after school monitoring. In addition, ways to support children's learning at school guides the progression of the course and the order of the content building blocks. Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation!

About the Trainers:

Carolyn Webster-Stratton, MSN, MPH, Ph.D. is Professor Emeritus at the University of Washington School of Nursing and Developer of The Incredible Years[®] Series. She is a licensed clinical psychologist and pediatric nurse practitioner. Dr. Webster-Stratton is a leading expert on training parents and teachers in child behavior management skills as well as training clinicians in curriculum for helping children develop social and emotional skills, problem solving, and school readiness. She has published books for teachers, therapists, parents and children as well as numerous randomized control group studies evaluating The Incredible Years programs. She has over 30 years of clinical and research experience in helping families and teachers who have young children with behavior problems, Attention Deficit Disorder, and developmental delays.

Kate Rhee, D.Clin Psy., is a qualified Clinical Psychologist who spent 25 years working as a Consultant Clinical Lead within the NHS, where she was instrumental in implementing the Incredible Years program. Kate has been leading parent groups since 1999 and has been involved with all levels of IY program implementation both locally and nationally across the UK. Kate delivers the Preschool & School Age Basic Parenting Programs and the Home Coach Program. Kate now has a thriving private practice in the Highlands of Scotland working predominantly with parents and children. In her clinical practice she continues to lead Incredible Years parent groups, deliver IY training and consultation and provides supervision, coaching and mentoring in the programme working with NHS agencies such as National Education for Scotland.



Goals of the parent training series:

- Promote parent competencies and strengthen families.
- Increase positive and nurturing parenting.
- Reduce critical and violent discipline approaches by replacing spanking with positive strategies such as ignoring, using logical and natural consequences, redirecting, monitoring, and problem solving.
- Improve parents' problem solving, anger management, and communication skills.
- Increase family support networks and school involvement/bonding.
- Help parents and teachers work collaboratively to ensure consistency across settings.
- Increase parents' involvement in children's academic-related activities at home.

REGISTER EARLY! ONLY 15 PARTICIPANTS PER TRAINING

Registration Information:

FEE: \$310.00 per participant, due in advance of training.

***The training does NOT include copies of Incredible Years[®] program materials** (leader manuals, videos, etc.) for delivering the program. Full program is purchased separately. Please see page 4 of this brochure & visit www.incredibleyears.com/order for program pricing and ordering information.

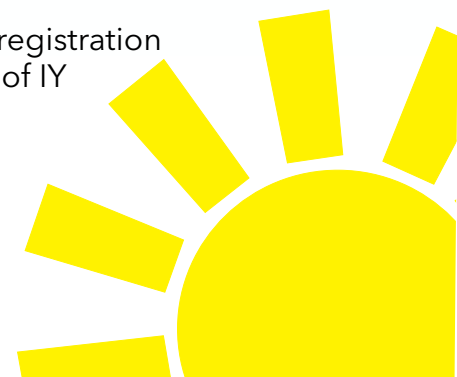
PLEASE NOTE: In order to participate in the on-line training, participants must have access to a full IY School Age Basic Parenting Program curriculum set (including Leader's manual, DVDs, Collaborating with Parents book for Therapists and Incredible Years book for parents). This training model will require participants to engage in pre- and between-session study of materials. We also recommend purchasing the [Experts in Action Program: Parent Training Workshop](#). This program (8 DVDs) shows IY Program Developer Carolyn Webster-Stratton leading a face-to-face group training and will be a valuable supplement to the online training.

REGISTER EARLY! Space is limited. To register, please see the registration link on the next page.

CONFIRMATION of registration will be sent via e-mail to registered participants.

CANCELLATION POLICY: The fee less \$50.00 for handling will be refunded IF requested in writing a minimum of 14 business days prior to the workshop.

IY reserves the right to cancel this training up to three weeks in advance if registration numbers are too low to hold an effective training. If cancellation on behalf of IY occurs, all registration fees will be returned to the registrant.



To Register for Training:

Online School Age Supplemental Parent Group Leader Training runs for 2 sessions, March 14th and 15th, 2023, from 7:00-10:15am US Pacific Standard Time.

This Zoom tele-session training will be held over 2 sessions, on March 14th & 15th, 2023, from 7:00-10:15 am US Pacific Standard time. Please note that we are located in the US Pacific Time Zone (Seattle, WA, USA). If you live elsewhere, please calculate time change to see if this will fit with your schedule. To receive your certificate of attendance and be eligible for Group Leader Certification, you must be able to participate in and complete the full training.

Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation, and be free from other distractions. **Please plan to participate over a computer** (not a cell phone), with your camera turned on and your face in frame, with your computer microphone enabled. Seeing each other's faces adds greatly to the group cohesion and building trust, and models the way we expect the program to be delivered when offered online whenever possible. Please add your name to your Zoom profile so that our trainer can use your name during discussions.

To register, please complete the registration form on-line:

<https://forms.gle/Bo3GULUhxJZB42z6A>

Completing the registration form does not guarantee that you have a training spot. We will follow up with an email to let you know that we have received your registration and let you know that we have placed you in the course. Once the spaces are full, we will start a waiting list.


PAYMENT MUST BE RECEIVED IN ADVANCE OF WORKSHOP to reserve space.

We will send you an invoice for the registration fee.



Basic Parent Group Leader Training is a required prerequisite to attend School Age Supplemental training.

CONTACT US!

 E-mail: incredibleyears@incredibleyears.com

 Phone: 206-285-7565

 Website: www.incredibleyears.com

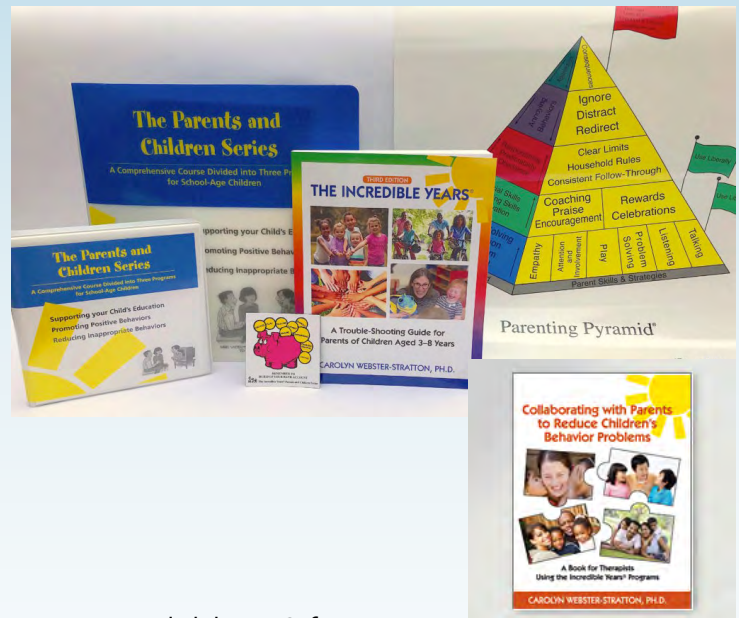
About the School Age Basic Parenting Program:

This online training prepares group leaders to deliver the School Age Basic Parenting Program with parents of children ages 9-12 years. The School Age Basic Parenting Program curriculum set is sold separately.

[Learn more about the School Age Basic Parenting Program on our website!](#)

The School Age Basic Parenting Program curriculum set includes:

- Comprehensive Leader's Manual
- Program video vignettes available on DVD, USB
-or- **NEW** 1-year streaming subscription
- Incredible Years Book
- Collaborating with Parents Book
- Parenting Pyramid Poster
- Piggy Bank Magnet



Purchasing Information

The School Age Basic Parenting Program curriculum set is available in 3 formats:

- School Age Basic Parenting Program curriculum set (with DVDs or USB): \$1,440.00
- School Age Basic Parenting Program curriculum set (with 1-year subscription to online video streaming): \$575 per person

[To purchase the School Age Basic Parenting Program curriculum set, please visit our website.](#)

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