



## BASIC Parent Group Leader Online Tele-Session Training

**Training led by: Kate Rhee, D.Clin Psy.**

In-depth discussion and training for group leaders in the empirically supported Incredible Years® programs.

**June 5<sup>th</sup>, 6<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup>  
7:00am - 10:15am US PST  
\$775**

### ABOUT THE TRAINING

This online training will cover in depth the group-based BASIC Parenting programs, which are designed to promote positive parenting strategies and assist parents in managing children's behavior problems. Three Incredible Years® Programs are covered in the BASIC Training: [Toddler Parent Program](#), [Preschool Basic Parent Program](#), and the early portion of [School Age Basic Program](#). Content includes: child-directed play, narrated commenting, social, emotional and persistence coaching, positive and responsive attention and praise, and predictable routines. Group therapy leadership process issues such as empowering parents, collaborating, dealing with resistance, confronting and teaching, experiential practices, and advocating for parents will be discussed. These intervention programs may be used by professionals (i.e., therapists/parent educators from psychology, social work, education, nursing and psychiatry) as treatment programs for families with young children with conduct problems/ADHD, high risk families, teenage parents, and families referred by child welfare for neglect and abuse. The training also illustrates how to use these programs in a prevention setting for use in preschools/elementary schools.

Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation!

### ABOUT THE TRAINER

Dr Kate Rhee, D.Clin Psy., is a qualified Clinical Psychologist who spent 25 years working as a Consultant Clinical Lead within the NHS, where she was instrumental in implementing the Incredible Years program. Kate has been leading parent groups since 1999 and has been involved with all levels of IY program implementation both locally and nationally across the UK. Kate delivers the Preschool & School Age Basic Parenting Programs and the Home Coach Program. Kate now has a thriving private practice in the Highlands of Scotland working predominantly with parents and children. In her clinical practice she continues to lead Incredible Years parent groups, deliver IY training and consultation and provides supervision, coaching and mentoring in the programme working with NHS agencies such as National Education for Scotland.

## Goals of the parent training series:



- Promote parent competencies and strengthen families.
- Increase positive and nurturing parenting.
- Reduce critical and violent discipline approaches by replacing spanking with positive strategies such as ignoring, using logical and natural consequences, redirecting, monitoring, and problem solving.
- Improve parents' problem solving, anger management, and communication skills.
- Increase family support networks and school involvement/bonding.
- Help parents and teachers work collaboratively to ensure consistency across settings.
- Increase parents' involvement in children's academic-related activities at home.

**REGISTER EARLY! SPACE IS LIMITED!**

## Registration Information:

FEE: \$775.00 per participant, due in advance of training.

\*The training does NOT include copies of Incredible Years® program materials (leader manuals, videos, etc.) for delivering the program. Full program is purchased separately. Visit [www.incredibleyears.com/order](http://www.incredibleyears.com/order) for program pricing and ordering information.

**PLEASE NOTE: In order to participate in the on-line training, participants must have access to a full IY Parenting Program curriculum set (including Leader's manual, DVDs, Collaborating with Parents book for Therapists and Incredible Years book for parents). This training model will require participants to engage in pre- and between-session study of materials.**

We also recommend purchasing the [Experts in Action Program: Parent Training Workshop](#). This program (8 DVDs) is an opportunity to see IY Program Developer Dr. Carolyn Webster-Stratton leading an in-person parent group leader training and will be a valuable supplement to the on-line training.

**REGISTER EARLY!** Space is limited. To register, please see the registration link on the next page.

**CONFIRMATION** of registration will be sent via e-mail to registered participants.

**CANCELLATION POLICY:** The fee less \$50.00 for handling will be refunded IF requested in writing a minimum of 14 business days prior to the workshop. A rebooking fee of \$50 will be assessed for rescheduling missed training days.

IY reserves the right to cancel this training up to three weeks in advance if registration numbers are too low to hold an effective training. If cancellation on behalf of IY occurs, all registration fees will be returned to the registrant.

## To Register for Training:

### **Online Basic Parent Group Leader Training runs 5 sessions, June 5th, 6th, 12th, 13th and 20th, 2023**

This Zoom tele-session training will be held over 5 sessions, **June 5th, 6th, 12th, 13th and 20th from 7:00 am - 10:15 am, US Pacific Standard Time**. Please note that we are located in the US Pacific Time Zone (Seattle, WA, USA). If you live elsewhere, please calculate time change to see if this will fit with your schedule. To receive your certificate of attendance and be eligible for Group Leader Certification, you must be able to participate in and complete the full training.

Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation, and be free from other distractions. **Please plan to participate over a computer** (not a cell phone), with your camera turned on and your face in frame, with your computer microphone enabled. Seeing each other's faces adds greatly to the group cohesion and building trust, and models the way we expect the program to be delivered when offered online whenever possible. Please add your name to your Zoom profile so that our trainer can use your name during discussions.

To register, please complete the registration form on-line:

<https://forms.gle/zG4WfJxuLF7bCNbN9>

Completing the registration form does not guarantee that you have a training spot. We will follow up with an email to let you know that we have received your registration and let you know that we have placed you in the course. Once the spaces are full, we will start a waiting list.

**PAYMENT MUST BE RECEIVED IN ADVANCE OF WORKSHOP** to reserve space. We will send you an invoice for the registration fee.

### CONTACT US!

✉ E-mail: [incredibleyears@incredibleyears.com](mailto:incredibleyears@incredibleyears.com)

☎ Phone: 206-285-7565

💻 Website: [www.incredibleyears.com](http://www.incredibleyears.com)

