



The Incredible Years® Basic Parenting Group Leaders Training 2023 TODDLER TO SCHOOL AGE (2-12 YEARS)

**14, 15, 16, 17, 18, 21 & 22 Aug 2023
9 am – 12.15 pm (Zoom Online)**

This 7-day workshop will cover in depth the group-based Preschool and School Age Basic Parenting Programme, which is designed to promote positive parenting strategies and assist parents in managing children's behaviour problems, building school readiness skills and partnering with teachers and day care professionals so they can promote children's emotion regulation and social skills.

Programme topics include:

- Helping toddlers feel loved and secure
- Strengthening children's social-emotional regulation and school readiness skills
- Encouraging cooperative behaviour
- Effective limit setting, rules & routines
- Handling misbehaviour
- Promoting positive behaviours
- Reducing inappropriate behaviours
- How to support child's education

Goals of the Training

The programme trains social service professionals on how to coach parents in:

- Promoting children's social & emotional development
- Child-directed play skills to promote positive relationships
- Promoting toddler's language with descriptive commenting
- Establishing rules and predictable routines
- Handling separations and reunions
- Academic & persistence coaching to promote school readiness
- Positive attention, praise & incentives to promote cooperative behaviour
- Setting developmentally appropriate limits
- Positive discipline and using distractions, redirections & ignoring to effectively handle misbehaviour
- Teaching children time out
- Helping children learn to calm down & self-regulate
- Teaching children beginning problem solving steps through stories & games

Course Fees

S\$1,880

A 'Certificate of Attendance' from The Incredible Years® will be presented to participants after completion of the programme.

Registration

For enquiries and to register, please reach out to Sarah at +65 8932 4808 or email training@morningstar.org.sg with subject title "IYBP Group Leaders"

For more information, visit

morningstar.org.sg/iybp-group-leaders-2023