



Parent Home Coaching Leader Online Tele-Session Training (ages 2-8 years)



Training led by: Kate Rhee, D.Clin Psy.

In-depth discussion and training for group leaders in the empirically supported Incredible Years® programs.

**September 5th & 6th
7:00am - 10:15am US PST
\$310**

ABOUT THE TRAINING

This online 2-day supplemental training will prepare group leaders to adapt the Incredible Years parent group-based model to a one-on-one parent-coach model.

Group leaders who have previously attended a BASIC Parent Group Leader training may register for this online 2-day supplemental training. The [Home Coaching program](#) can be used to deliver the entire parenting curriculum or for a make-up session for parents who have missed a group session. The home coaching model is a good option if parents cannot attend a group due to schedule conflicts or if there is an extended delay before the next parent group will be offered. This model can also be used as a supplement to the group for parents who need additional coaching with their children. Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation!

! Basic Parent Group Leader Training is a required prerequisite to attend Home Coach training.

ABOUT THE TRAINER

Dr Kate Rhee, D.Clin Psy., is a qualified Clinical Psychologist who spent 25 years working as a Consultant Clinical Lead within the NHS, where she was instrumental in implementing the Incredible Years program. Kate has been leading parent groups since 1999 and has been involved with all levels of IY program implementation both locally and nationally across the UK. Kate delivers the Preschool & School Age Basic Parenting Programs and the Home Coach Program. Kate now has a thriving private practice in the Highlands of Scotland working predominantly with parents and children. In her clinical practice she continues to lead Incredible Years parent groups, deliver IY training and consultation and provides supervision, coaching and mentoring in the programme working with NHS agencies such as National Education for Scotland.



Goals of the parent training series:



- Promote parent competencies and strengthen families.
- Increase positive and nurturing parenting.
- Reduce critical and violent discipline approaches by replacing spanking with positive strategies such as ignoring, using logical and natural consequences, redirecting, monitoring, and problem solving.
- Improve parents' problem solving, anger management, and communication skills.
- Increase family support networks and school involvement/bonding.
- Help parents and teachers work collaboratively to ensure consistency across settings.
- Increase parents' involvement in children's academic-related activities at home.

REGISTER EARLY! SPACE IS LIMITED!

Registration Information:

FEE: \$310.00 per participant, due in advance of training.

*The training does **NOT** include copies of Incredible Years[®] program materials (leader manuals, videos, etc.) for delivering the program. Full program is purchased separately. Visit www.incredible-years.com/order for program pricing and ordering information.

PLEASE NOTE: In order to participate in the on-line training, participants must have access to a full IY Parenting Program curriculum set (including Leader's manual, DVDs, Collaborating with Parents book for Therapists and Incredible Years book for parents). This training model will require participants to engage in pre- and between-session study of materials. We also recommend purchasing the [Experts in Action Program: Sample Home Visit](#). This program (2 DVDs) shows an IY Trainer working with a parent in the home and will be a valuable supplement to the online training.

REGISTER EARLY! Space is limited.
To register, please see the registration link on the next page.

CONFIRMATION of registration will be sent via e-mail to registered participants.

CANCELLATION POLICY: The fee less \$50.00 for handling will be refunded IF requested in writing a minimum of 14 business days prior to the workshop. IY reserves the right to cancel this training up to three weeks in advance if registration numbers are too low to hold an effective training. If cancellation on behalf of IY occurs, all registration fees will be returned to the registrant.



Online Parent Home Coaching Leader Training is September 5th & 6th, 2023.

This Zoom tele-session training will be held over 2 sessions, on **September 5th & 6th, 2023**, from **7:00am-10:15am Pacific Standard Time**. Please note that we are located in the US Pacific Time Zone (Seattle, WA, USA). If you live elsewhere, please calculate time change to see if this will fit with your schedule. To receive your certificate of attendance and be eligible for Group Leader Certification you must be able to participate in and complete the full training.

Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation, and be free from other distractions. **Please plan to participate over a computer** (not a cell phone), with your camera turned on and your face in frame, with your computer microphone enabled. Seeing each other's faces adds greatly to the group cohesion and building trust, and models the way we expect the program to be delivered when offered online whenever possible. Please add your name to your Zoom profile so that our trainer can use your name during discussions.

To register, please complete the registration form on-line:

<https://forms.gle/jSedPJTryBYvC35j9>

Completing the registration form does not guarantee that you have a training spot. We will follow up with an email to let you know that we have received your registration and let you know that we have placed you in the course. Once the spaces are full, we will start a waiting list.

PAYMENT MUST BE RECEIVED IN ADVANCE OF WORKSHOP to reserve space. We will send you an invoice for the registration fee.

CONTACT US!

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