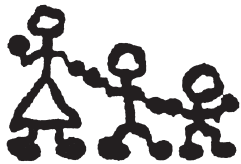


Part 7

Appendix

- 1. Weekly Parent Evaluation Form***
- 2. Parent Program Satisfaction Questionnaire***
- 3. Self-Monitoring Checklist***



***Incredible Years
Parent Program Weekly Evaluations***

Name _____ Session _____ Date _____

I found the content of this session:

not helpful neutral helpful very helpful

I feel the video examples were:

not helpful neutral helpful very helpful

I feel the group leader's teaching was:

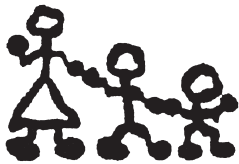
not helpful neutral helpful very helpful

I found the group discussion to be:

not helpful neutral helpful very helpful

Additional comments:

(continue on back)



***Incredible Years
Parent Program Satisfaction Questionnaire
School Readiness Program***

(Hand out at end of the program)

Participant's Name _____ Date _____

The following questionnaire is part of our evaluation of the Incredible Years parenting program that you have received. It is important that you answer as honestly as possible. The information obtained will help us to evaluate and continually improve the program we offer. Your cooperation is greatly appreciated. All responses will be strictly confidential.

A. The Overall Program

Please circle the response that best expresses how you honestly feel at this point.

1. My feelings about my child's social and emotional developmental progress are that I am

very dissatisfied dissatisfied slightly dissatisfied neutral slightly satisfied satisfied greatly satisfied

2. My feelings about my child's school readiness developmental progress are that I am

very dissatisfied dissatisfied slightly dissatisfied neutral slightly satisfied satisfied greatly satisfied

3. My feelings about my child's reading readiness program are that I am

very dissatisfied dissatisfied slightly dissatisfied neutral slightly satisfied satisfied greatly satisfied

4. My expectation for good results from the Incredible Years program is

very pessimistic pessimistic slightly pessimistic neutral slightly optimistic optimistic very optimistic

5. I feel that the approach used to enhance my child's social behavior in this program is

very inappropriate inappropriate slightly inappropriate neutral slightly appropriate appropriate greatly appropriate

6. Would you recommend the program to a friend or relative?

strongly not recommend not recommend slightly not recommend neutral slightly recommend recommend strongly recommend

7. How confident are you in parenting at this time?

very unconfident unconfident slightly unconfident neutral slightly confident confident very confident

8. My overall feeling about the value of the program for building links with my child's school is

very negative negative slightly negative neutral slightly positive positive very positive

Appendix Part 7

B. Teaching Format

Usefulness

In this section, we would like you to indicate how useful each of the following types of teaching is for you now. Please circle the response that most clearly describes your opinion.

1. Content of information presented was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

2. Demonstration of parenting skills through the use of video vignettes was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

3. Group discussion of parenting skills was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

4. Use of practice/role play during group sessions was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

5. I found the "buddy calls" to be

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

6. Reading chapters from the Incredible Years book or listening to the CD was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

7. Practicing skills at home with my child was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

8. Weekly handouts (e.g., refrigerator notes) were

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

9. Building links with my child's school was

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

C. Specific Parenting Techniques

Usefulness

In this section, we would like you to indicate how useful each of the following techniques is in improving your interactions with your child and decreasing his or her “inappropriate” behaviors now. Please circle the response that most accurately describes the usefulness of the technique.

1. Child-Directed Play

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

2. Descriptive Commenting/Social, Emotion, Academic, and Persistence Coaching

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

3. Praise and Encouragement

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

4. Interactive Reading with CARE Methods

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

5. Using the Wally Detective Books to Teach Problem Solving

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

6. This Overall Group of Techniques

extremely useless useless slightly useless neutral somewhat useful useful extremely useful

Appendix Part 7

D. Evaluation of Parent Group Leader(s) or Teacher

In this section we would like you to express your opinions about your group leader(s). Please circle the response to each question that best describes how you feel.

Group Leader #1 _____ (name)

1. I feel that the group leader's teaching was

very poor poor below average average above average superior excellent

2. The group leader's preparation was

very poor poor below average average above average superior excellent

3. Concerning the group leader's interest and concern in me and my problems with my child, I was

very dissatisfied dissatisfied slightly dissatisfied neutral slightly satisfied satisfied greatly satisfied

4. At this point, I feel that the group leader in the program was

extremely unhelpful unhelpful slightly unhelpful neutral slightly helpful helpful extremely helpful

If more than one group leader was involved in your program, please fill in the following. (Go to Section E if only one leader was involved.)

Group Leader #2 _____ (name)

1. I feel that the group leader's teaching was

very poor poor below average average above average superior excellent

2. The group leader's preparation was

very poor poor below average average above average superior excellent

3. Concerning the group leader's interest and concern in me and my problems with my child, I was

very dissatisfied dissatisfied slightly dissatisfied neutral slightly satisfied satisfied greatly satisfied

4. At this point, I feel that the group leader in the program was

extremely unhelpful unhelpful slightly unhelpful neutral slightly helpful helpful extremely helpful

E. Overall Program Evaluation

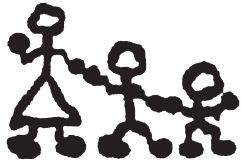
1. What part of the program was most helpful to you?

2. What did you like most about the program?

3. What did you like least about the program?

4. How could the program have been improved to help you more?

Name: _____



Incredible Years
Self-Monitoring Checklist
Children 3-5 Years

Please fill out this checklist each week indicating your personal goals for what you would like to achieve. The following week check if you have achieved your personal goals and make your new goals for the week.

Session 1: Introductions, Goals, Social Coaching

My goal for the coming week:

	<i>Goals I met</i>
____ Read Chapter 1 (How to Play With Your Child).	_____
____ Review my goals for myself and my child.	_____
____ Play using child-directed approach	_____

Session 2: Child-Directed Play, Emotion Coaching

My goal for the coming week:

	<i>Goals I met</i>
____ Read Chapter 1 (How to Play With Your Child).	_____
____ Do temperament questionnaire	_____
____ Play this week with my child will include:	_____

Session 3: Interactive Reading

My goal for the coming week:

	Goals I met
___ Read Problem 15: Reading With Care	_____
___ Make buddy call	_____
___ Play this week with my child will include:	_____

Session 4: Interactive Reading

My goal for the coming week:

	Goals I met
___ Read Chapter 9 (Regulating Emotions)	_____
___ Make buddy call	_____
___ Play this week with my child will include:	_____

