

Incredible results with Incredible Years

Ysgol Trefonnen has seen dramatic improvements in pupil behaviour resulting in a significant reduction in exclusions in the past 12 months. The school have taken on board the Webster Stratton Incredible Years techniques and worked with parents and pupils to strengthen a behaviour policy which promotes positive praise and reward.

Ten teaching staff completed the four day 'Incredible Years Teacher Classroom Management' programme last year. The training focussed on:

- building positive relationships with children
- giving encouragement and praise
- awarding classroom and school incentives, and
- developing a hierarchical system for managing inappropriate behaviour.

All of these staff then went on to complete the Incredible Years Classroom Dina training.

The school has a diverse range of pupils, with an above average percentage receiving support from outside agencies. The timing of the training worked well for the school so that lessons learnt on the training have been integral to the work on the whole school behaviour policy. The school has also run the Incredible Years Parenting Programmes to ensure key messages are reinforced at home.

Deputy Head Teacher Jessica Stuart-Lyon explains: "Since the training, and working together in this way, there is definitely an improving picture for pupils and their families. We have put into place the techniques to improve the social skills of pupils and have seen a reduction in negative behaviours. The joined up approach between home, agencies and school, based on the Incredible Years techniques, is really working.

"Each class up to year four have a half hour Classroom Dina session each week. We use the puppets Wally and Dina, the children really like them and they become problem solvers for the situations the puppets find themselves in. Small group Dina is for children who need more support in developing emotional and social competence and is delivered as part of nurture group provision across the school."

Many strategies have been put in place or extended following the training such as Neges Neis (Nice Notes), proximal praise and coaching to develop pupils' cooperative skills. To find out more on the techniques used at Ysgol Trefonnen contact jessica@trefonnen.powys.sch.uk or book on to the training below.



Incredible Years across Powys

There is a successful history of delivering the Incredible Years programmes for parents, teachers and children across the county. There is a rolling programme of parent groups, coordinated, by Barnardo's across Powys. Around 40% of schools have had one or more staff trained in the Incredible Years Teacher Classroom Management programme and many schools are delivering the Incredible Years Classroom Dina curriculum in the foundation phase.

A supportive structure has been developed to ensure the delivery of the programmes with fidelity. Dr.Sue Evans, Consultant Child Psychologist, with Powys Teaching Health Board, has the clinical lead for the Incredible Years programmes and is an accredited mentor in all of the programmes. This means that training and supervision of group leaders can take place locally and at low cost.

Key staff from the foundation phase, Community Advisory Teacher and Educational Psychology Teams have been trained as group leaders for these programmes as well as some senior teachers in larger schools. Expertise in this programme is spread throughout the county.

The following Incredible Years training opportunities are scheduled for 2012 - 13

- Teacher Classroom Management Programme
- Teacher Classroom Management Programme - Training for Trainers.
- Classroom Dinosaur programme
- School Readiness programme - for teachers, teaching assistants and early years setting leaders who would like to train to deliver the four session school readiness programme to parents of children who are about to start school/ early years settings.

For further details contact

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or CYPP training on

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