

Table 1: Content and Objectives of the Attentive Parenting™ Programs (Ages 2-6)

Content

Objectives

Program One: Attentive Child-Directed Play Promotes Positive Relationships and Children's Confidence



- Being Child-Directed and Attentive
- Supporting Children's Independence and Confidence
- Understanding the Importance of Individual Time
- Responding to Children's Developmental Readiness
- Giving Your Child Time
- Importance of Pretend Play
- Building a Supportive Relationship with Children
- Understanding How To End Play

Program Two: Attentive Academic and Persistence Coaching Promote Children's Language Skills and School Readiness



- Using Descriptive Commenting with Toddlers to Build Language
- Promoting School Readiness with Academic Coaching
- Avoiding Too Many Questions
- Using Persistence Coaching to Promote Children's Attention
- Using Coaching to Encourage School Age Children's Homework
- Coaching Pre-reading and Reading Readiness

Program Three: Attentive Emotion Coaching Strengthens Children's Emotional Literacy



- Learning How to Strengthen Children's Emotional Literacy with Books
- Encouraging Positive Expression of Emotions
- Knowing How to Model Emotion Language
- Combining Emotion with Persistence Coaching for Uncomfortable Emotions
- Using Pretend Play to Strengthen Children's Emotion Learning
- Understanding How to Respond to Negative Emotions
- Enhancing Children's Beginning Empathy Skills
- Using Pretend Play to Strengthen Children's Empathy Learning

Table 1 Continued

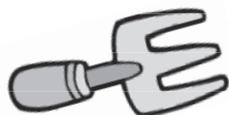
Content	Objectives
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Program Four: Attentive Social Coaching Promotes Children’s Cooperative Friendships



- Using Puppets to Practice Social Skills
- Modeling, Prompting and Giving Attention to Toddler’s Social Skills
- Know How to Link Social Actions to Emotions
- Using One-On-One Modeling and Prompting to Encourage Social Skills
- Using Social Coaching to Promote Sibling and Peer Cooperation
- Using Pretend Play to Learn about Inclusion of Others
- Learning How to Help Children to Make Friends
- Combining Social and Emotion Coaching to Enhance Friendships
- Using Social Coaching Beyond Play Times

Program Five: Attentive Imaginative Parenting Interactions Promote Children’s Emotional Regulation Skills



- Teaching Children Self-Regulation Skills (e.g., positive self-talk, deep breathing, happy images)
- Helping Children Stay Regulated by Using Words
- Modeling, Prompting and Using Puppets to Practice Self-Regulation Skills
- Learning How to Explain the Calm Down Thermometer to Children
- Helping Children Practice Calm Down Strategies
- Sharing Tiny’s Secrets for Self-Regulation

Program Six: Attentive Creative Parent Play Promotes Children’s Problem Solving and Empathy



- Using Puppets and Pretend Play to Teach Children the Problem Solving Steps
- Using Wally’s Problem Solving Books to Practice Positive Solutions
- Understanding How to Combine Emotion, Social and Persistence Coaching during Problem Solving Interactions
- Understanding How to Respond to Negative Emotions
- Supporting Empathy Understanding and Learning
- Know How to Link Social Actions to Emotions
- Using One-On-One Modeling and Prompting to Encourage Social Skills
- Using Social Coaching to Promote Sibling and Peer Cooperation
- Using Pretend Play to Learn about Inclusion of Others
- Learning How to Help Children to Make Friends
- Combining Social and Emotion Coaching to Enhance Friendships
- Using Social Coaching Beyond Play Times